



**HARRY  
HYNES  
MEMORIAL  
HOSPICE**

# **Hynes Hallmark**

Volume 1.2

Winter 2023



**Donations**



**Volunteers**



**Grief Support**



## Lights of Life Changes the Skyline of Wichita

By Chenay Sloan, Director of Donor Development

Harry Hynes Memorial Hospice changed the skyline of Wichita for this holiday season. The inaugural Lights of Life tree was placed on top of the Harry Hynes downtown headquarters at south 3rd and Market. It stood 80 feet tall and featured over 3,200 bright, colorful, cheery, and festive LED light bulbs.

The tree is part of the Lights of Life celebration where a donation allows a person to “light” a light bulb in memory or honor of their loved one. This annual event is sure to be a new tradition for the city of Wichita.

The official tree lighting ceremony took place on Wednesday, December 7, 2022. Community members and Harry Hynes supporters joined in the fun and witnessed this special, new holiday tradition.

Donations to the Lights of Life tree enable Harry Hynes Memorial Hospice to continue providing care, education, resources, and support to those facing life-threatening illnesses.

Special thanks to the team of “tree elves”, led by Ed and Easton Griswold, who designed and installed the tree. Also, thanks to our tree sponsors- the DeVore Foundation, Downing and Lahey Mortuaries and the Murdock Companies.

## Donor Development: Year in Review 2022

Thank you, thank you, thank you! 2022 has been a great year for the Donor Development department with so many generous individuals, companies and community groups helping us fulfill our mission by donating resources to this important cause.

It's such a moving tribute when a family selects Harry Hynes Memorial Hospice for their loved one's memorial or estate gift. It's a testament to this important work that various groups donate time, talent and treasure to support our mission critical work.

Many are still surprised to learn that Harry Hynes Memorial Hospice is the only true non-profit hospice service in our area, where we provide hospice care for

those at end of life regardless of their ability to pay or level of care needed. Many hospices choose to turn away patients based on their level of care needed or their ability to pay. From our inception, Harry Hynes Memorial Hospice has put patient care over profit. We strive to provide the highest quality of care and be experts in hospice care, because we believe that every life is precious.

Over \$400,000 was raised to serve the families of Harry Hynes Memorial Hospice. Every single donation makes a huge difference to our patients.

Thank you again for all the incredible support we've received this year, and we are excited for the year to come.

# \$1000

Sponsors the care of a dying, homeless veteran for ten days.

# \$600

Supports one patient for a day in our hospice inpatient unit.

# \$250

Provides one month of medical equipment for a patient's home.

# \$100

Sponsors one day of a specialty wound care bed in our inpatient unit.

# \$50

Provides one week of medications for a patient.

For more more information about Ways to Give, visit [hynesmemorial.org](https://hynesmemorial.org).



## Putting the “Fun” Back in Fundraising



On Wednesday, November 30, annual donors of Harry Hynes Memorial Hospice were invited to the Wichita Botanica for an evening of delicious treats, hot drinks and the bright lights of Illuminations. A hot cocoa bar served over 20 different toppings, along with apple cider and a variety of sweet treats. Donors were thanked for their year over year support of the mission of Harry Hynes. A fun time was had by all!



## Did Someone Say Cookies?



An annual event for several years, “Cookie Day 2022” made a post-COVID return this year. Bringing a small bit of holiday joy to those facing end of life challenges has always been the goal for this event. Providing a rewarding experience to the multitude of volunteers who give their time and cooking skills was icing on the cake. With a few changes, this long-standing tradition brought in over 300 dozen cookies and treats in our Wichita agency alone to be packaged beautifully and hand-delivered to every Harry Hynes Hospice patient in all 26 counties we serve at home, in a facility, and in our in-patient unit at St. Francis. A huge thank you goes out to Fidelity Bank and their employees (a special shout out to Lauren and Vivian) and Harry Hynes Hospice employees and volunteers for donating their time and the amazing treats. Also, thank you to the generous owners and staff of Pitsco, in Pittsburg, who made and donated the beautiful, wooden ornaments for each box and also gave their time baking and packaging cookies. The generosity and selflessness shown was overwhelming!







## Volunteer Spotlight

A resident of the Winfield community for over 50 years, volunteer Allen Runyan became a volunteer with Harry Hynes Memorial Hospice (HHMH) after the passing of his loving wife, Eva, under our care. As Allen weaves his story about his life with Eva, he relates that after knowing each other for 8 months, they were married 49 years, 9 months and 10 days before her passing. Feeling the need to give others the same support his family received during Eva's illness, Allen says his strong faith called him to step forward. Although he retired from the City of Winfield after 34 years in 2001, he has kept involved in his community through his church and his bowling league. He is quite the bowler with his teams at Hillcrest Lanes in Ark City. Bowling in two leagues; the Tuesday Morning Coffee League and The Fillies and Studs League, both teams are highly ranked with one being in 1st place! In our opinion, he is also the best cookie maker in the county, winning over the volunteer department over with his amazing treats!

As a licensed minister and chaplain, Allen brings a sense of spirituality and comfort to his patients, no matter their religion or faith base. Not only does he provide caregiver relief and patient companionship as a member of our Hynes Ambassadors volunteer group, but Allen is also a member of our Comfort Crossings volunteer program. Comfort Crossings volunteers enter a patient's life in their final 2-3 days of life, sitting vigil with a patient in shifts until they pass, lessening the chance the patient dies alone. In the short time he has been volunteering, Allen has gifted 174 hours to patients and 121 of those hours have

been sitting vigil as a Comfort Crossings volunteer. Allen's impact on Harry Hynes doesn't stop there. He has also enlisted his wonderful sisters, Oleta and Jodi, and their church groups, to make beautiful lap blankets and other items for our patients.

Allen's willingness to offer comfort, love, and support has been a source of comfort for a multitude of patients and their families and we are truly grateful to have him as part of our team. If you would like to learn more about the ways you can volunteer for Harry Hynes, please visit our website at [hynesmemorial.org/volunteer/](http://hynesmemorial.org/volunteer/) or call Karen Sherbak, Director of Volunteers at (316) 217-0084.

“Every person can  
make a difference,  
and every person  
should try.”  
- JFK



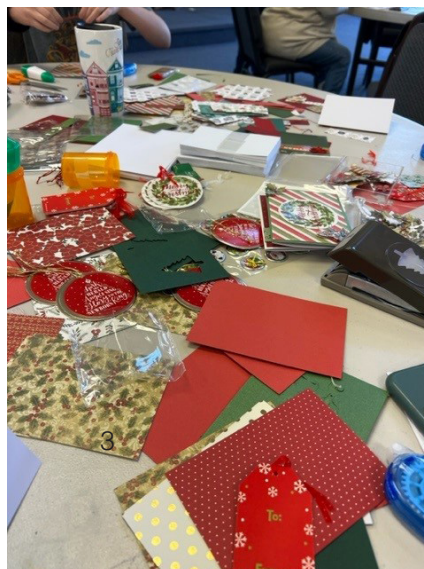
# Journey Church of Wichita Hosts Card Making Event

By Karen Sherbak, Director of Volunteers

Spearheaded by Harry Hynes Ambassador Volunteer, Linda Schrader, several volunteers from Journey Church of Wichita gathered on a Saturday morning to construct handmade Thanksgiving and holiday cards for our patients. Church pastor, Kyle Kachelmeier and his children, were on hand as well to assist making over 100 cards. Linda not only makes these beautiful cards but also hand addresses one to nearly every patient each month to show end of life love and support.



THANK YOU  
JOURNEY  
CHURCH!



## Volunteer Opportunities

**EVERY skill is special!**

We currently have a need for a volunteer (or volunteers) to lightly play the piano located at our inpatient unit at Ascension Via Christi St. Francis.

Music brings peace and joy to the patients, families and team members while respecting the nature of the facility. You don't have to be a concert pianist to make an impact and even a one-hour shift would bring delight! We'd love to have you!

We also have a need for delivery drivers to deliver prescriptions and supplies to patients. This could be a scheduled event and done at a preset time and day each week to fit into your schedule and can be tailored to your area if needed. We need drivers in Wichita, the outlying areas of Wichita as well as our southeast coverage area. If you prefer to serve HHMH with minimal patient contact, this is for you!

For a full list of opportunities or to submit a volunteer application, please visit [hynesmemorial.org](http://hynesmemorial.org).







## First Impressions

By Jeanne Andra, Administrative Assistant

*“You never  
get a second  
chance to  
make a first  
impression.”*  
- Will Rogers

Have you ever heard the expression that you never get a second chance to make a first impression? Since the day I walked into Harry Hynes Memorial Hospice office, I can honestly say that my first impression of this organization and its staff has always been a positive one.

I am blessed with the opportunity of greeting and visiting with everyone that enters or calls our office at 313 S Market St in Wichita: clinical staff, office staff, volunteers, families of patients, visitors, vendors, and our community. I am particularly aware that being this first point of contact comes with the great responsibility of ensuring I am representing our organization and the fantastic people that make it what it is.

The staff that deals directly with patients on our services have truly answered a calling that many cannot even fathom doing. They

come to work every day with a servant's heart; ready to provide comfort, compassion, and their expertise of end-of-life care. Their encounters are really “the face” of our organization. This staff is made up of physicians, nurses, home health aides, social workers, chaplains, and volunteers.

The office staff may be “behind the scenes” but their contributions help support everyone. Departments such as Referrals, Marketing, Finance, Pharmacy, Volunteers, Donor Development, Facilities, IT, Quality Assurance, Health Information, Human Resources, Executive Team, and our Board of Directors are the “backbone” of our agency. Although the office staff doesn't typically have direct contact with our patients, their work is of utmost importance.

Many are unaware of the involvement of our volunteers and the impact they make to our organization. They are the unsung heroes by giving of their time and talent with no monetary payment. Some of our volunteers have direct contact with our patients and their families such as sitting with patients and their families, while others provide support in other ways such as written correspondence, clerical work, making casseroles and blankets, etc. While they do not receive payment for the services they provide, I have yet to see a volunteer without a smile on their face; loving the job they are doing. Hopefully they realize how much they are appreciated.

They say it takes a person as little as 7 seconds to make their first impression of a person and some research shows it is even less than that. Sometimes just a glance at your facial expression is enough. You may not even be aware that they are looking at you and making that first impression judgement. Such a short amount of time is

not enough time to determine a person's character and abilities fairly and accurately. It can even be difficult for a person to let go of that first impression even once they have had the opportunity to get to know you. The best practice is to make a habit of putting a smile on your face and exhibiting an open posture from the get-go. It doesn't matter if you are at work or at the grocery store. A warm smile on your face can have a beautiful domino effect. Try it!

Hospice care finds people at their most vulnerable time. They need people they can feel comfortable with and trust from the very first encounter. If ever a "first impression" was crucial, I would say this would be that time. My experience and daily encounters with the staff and volunteers at Harry Hynes Hospice affirm positive first impressions are being made. I am constantly impressed by the feedback I hear in person and over the phone from families and the community. They are never at a shortage of words to describe how HHMH staff makes such a

difference. They speak kindly and appreciative of everyone that helped in their time of need. On more than one occasion I have heard a family member express their "love" for HHMH and the staff. This resounding feedback means positive first impressions are being made in addition to lasting impressions. As time goes on, they might not remember your name, but they will remember how you made them feel.



## Bridges: A Palliative Care Program

Did you know if a patient is not physically or emotionally ready for hospice, Harry Hynes has an option? Bridges is a palliative care program which can come before hospice. Patients can receive the same benefit of symptom management, similar to being a patient on Harry Hynes Memorial Hospice, but can also be receiving aggressive treatment. This can include chemotherapy,

immunosuppressives, and cardiac infusions to name a few. We work to help patients and families manage the stress and symptoms of their illness and/or side effects of treatments. We can even help patients decrease visits to the ER or hospital. Bridges is not a home health program, so patients do not have to be home bound to qualify. Our goal is to help patients feel better so they can get out and still do the things they want to do. Essentially, Bridges is a chronic disease specialty office on wheels. An APRN will come to the patient's home, order DME if needed, and send prescriptions to the patient's pharmacy of choice. Bridges services are covered by most insurances and copays may apply.

Bridges does not cover all areas that Harry Hynes covers, but there is a good chance we cover your area. If you are interested in more information, please call us directly at 316-260-4409 or toll free at 833-795-0113. More information can also be found at [mybridgeshealth.org](http://mybridgeshealth.org)





## Alcohol Use During Grief

Alcohol use for some individuals increases after the death of a loved one. Several factors illustrate why this increase occurs. Generally, in our American culture people will do whatever it takes to avoid pain. The avoidance of pain is one of the primary reasons for chemical addiction.

For many, alcohol is socially acceptable to use. It is legal and easy to obtain, and initially seems effective in reducing pain. Because it is socially acceptable, and because of the pain due to the loss of a loved one, friends and family may find it harder to ask about a person's drinking.

Some individuals may feel as though they deserve to drink excessively. They may feel that they have a big void in their life, and they have a right to comfort themselves.

They may also think that the feelings they are experiencing are difficult to tolerate and they want to get rid of them quickly. For some people, increased alcohol use has become a way to protect oneself.

What are the effects of alcohol? Alcohol is a central nervous system depressant. It depresses the areas of the brain that are used in complex and rational thinking, and voluntary control of behavior. Over extended periods alcohol can cause cardiac arrest and cirrhosis.

If individuals feel depressed before the use of alcohol, they may initially receive a kind of "self-medication" relief while drinking. This feeling is short-lived, and always leads to greater feelings of depression when alcohol is not used. The cycle of use: feel better – depression – repeat alcohol use, begins. Prolonged use and alcoholism will lead to longer periods of depression making the cycle even harder to break. Alcohol gives a false sense of mastery and control. Increased alcohol use interrupts the mourning process.

Harry Hynes Memorial Hospice is available to help with grief and loss counseling. To contact a grief counselor, you may sign up at [hynesModuleial.org](https://hynesModuleial.org) under the Grief and Loss tab, or call (316) 265-9441.





## New Beginnings

You are faced with the challenge of doing some things differently since the death of your loved one. Yet it can be very hard to even know how or where to begin. C.S. Lewis begins his book *A Grief Observed* by saying, “No one ever told me that grief felt so like fear.” Sometimes fear of not being able to deal with the changes can keep us stuck.

You may:

- Fear the future will not be any better than today
- Fear the unknown
- Fear how you will survive as a single person in a couple's world
- Fear other people you love will also die or fear your own death
- Fear that if you allow yourself to cry, you won't be able to stop
- Fear that you will not make the right decisions

You may also be able to think of other fears. When fear is in control, we are stuck. Robert Frost believes the best way out of fear is through it. The first step is to become involved with life. One option is to talk with others who experience fear but are trying to not allow fear to take over. Fear can be a sign of unresolved grief.

If you find yourself struggling with fear, contact your grief counselor. Dealing with fear is a normal part of processing grief and enables you to take steps towards a new hope.

“When  
someone you  
love becomes  
a memory,  
that memory  
becomes a  
treasure.”  
- Unknown







Thank you to the following heroes who chose Harry Hynes Memorial Hospice for their memorial or a gift was made in their honor. We celebrate their life and the donations made in their memory or honor will continue to live on in the services we provide for others. This following include memorials or honorariums established August 1, 2022 through December 1, 2022. If there are any accidental omissions, please contact [chenay.sloan@hynesmemorial.org](mailto:chenay.sloan@hynesmemorial.org).

## In Memorial or Honor of the following:

Jim Aboud  
Michelle Alonso  
Michelle Marie An  
Dennis Anderson  
Wilma Jean Anderson  
William S "Bill" Arnold  
Marsha Bacon  
Becky Baker  
Carolyn Baker  
Dale A. Barnard  
Theresa C. Barragree  
Harold Lloyd Beasley  
Lloyd Beasley  
Robin Becker  
Michelle Bennett  
Nancy Bennett  
Kathy Bethke  
Ginger Blair  
Norris Blair  
Norris and Ginger Blair  
Ed Blake  
Betty Bohannon  
Delbert Bosley  
Virginia Bosley  
Mary "Peggy" Bowen  
Peggy Bowen  
Bill Box  
Rosemarie Bradford  
William Bradford  
William Bradford Jr.  
Mary Jane Breit  
Barb Brooslin  
Judy Buckart  
Judy and Mel Buckert  
Andrea Bulloch  
Stacy Bunck  
Ann Butler  
Chris Butler  
David Butler  
Gretchen Butler  
Carol Jones Butler  
Robert Butler  
Carol Byers  
Lesley Call  
James W. Callahan  
Terence E. Carney  
Carrier and Gable, Inc  
Amanda Buckart Carter  
Barbara Case

Pat Case  
Rocky Chandler  
Myrtle Cheshier  
James "Jim" D. Childs  
Bob Clark  
Viola M. Clay  
Deborah Coan  
Donna Colgrove  
Collier and Associates  
Linda Compton  
Emily Cook  
Larry Coombes  
Kelley A Cox  
Edward Allen Crader  
Galan Craig  
Sally Crosiar  
Bill Custer  
John Custer  
Bonnie Daniel  
Anna Marie Darbro  
Dr. Bo Zhang - Davidson  
Sam Davidson  
Samuel Z Davidson  
Samuel Zenas Davidson  
Kenneth E. Degenhardt  
Sara Dieterle  
Ada Dornbush  
Carlotta Aguilar Downing  
Donald Aguilar Downing  
Amanda Drake  
Wanda Duncan  
Wanda Lee Ecker  
Etta Enders  
Etta Enders  
Tera Johnson Family  
Wanda N. Farmer  
Robert Fields  
Ryan Finn  
Terry Forcum  
J Leslie Foust  
Nancy Frey  
Symon Friendman  
Nancy Fullerton  
Margaret Funk  
Denise Garcia  
Anita D. Garofalo  
Leona Gartner  
Barbara Giovanni  
Richard Goering



Alvin Paul Goheen  
Jim Graham  
Richard J Granger  
Debra Gratz  
John Gratz  
Doug Greenwood  
Bonnie Griggs  
Shirley Griswold  
Toni L. Guffey  
Kay Guzman Family  
Francesca Hall  
Barb Hamlin  
Connie and Dennis Hampel  
Kim Hansard  
Harry Hynes Memorial Hospice  
Bobby-Robert Haskins  
Mick Haugen  
Mikkel Haugen  
Karen Marie Hawkins  
Wilda J. Hawkins  
Kermit Heck  
Mary Heidebrecht  
Doris Heineman  
Pete Heineman  
Wayne Hemmen  
John W Henderson  
Margaret (Peggy) Heseltine  
Wayne Hieger  
Jolene Holdaway  
Ko Hong  
Ruby Hoyt  
Roger Hughey  
Roger Hughey  
Wilma Hull  
Clayton Hyder  
Carroll E. Palmer Jewell  
Joel Kasenberg and Family  
Glady Johnson  
Madeline Campbell Johnson  
Ron and Mary Sue Johnson  
Donna Joles  
Joy, Jennifer, and Juli  
Elizabeth Ann Kasenberg  
Kellie Kelley  
Michael Kelley  
Charles Thomas Kemp IV  
Thomas Kemp  
Mike Kincaid  
Dean King



Barbara Krasuski  
 Courtney Krug and Family  
 Alice Lawson  
 Alice Louise Lawson  
 Yen Bach Le  
 Merf Leiker  
 Jill D Lewis  
 Bob and Lois Liggett  
 Kevin Lyerla  
 Wanda R Lyman  
 Joe Mackey  
 John Madden III  
 Andy Malcom  
 Richard Malcom  
 Susan Mann  
 W. Ward Marrs  
 Ward Marrs  
 Wilburn Ward Marrs  
 Gary and Karma Mason  
 Yoneko "Nicky" Matson  
 Joseph A. Matthews  
 Lowell Paul Mattingly  
 Brian McCullough  
 Dora Jean McCullough  
 Traci McCullough  
 Bill McDonough  
 Jo McDonough  
 Robert McKee  
 Dana Mckinley  
 Herschel Leroy Mckinley  
 Charles McManis  
 Don Mecklenburg  
 Bud and Virginia Mercer  
 Tracy Merriman  
 Donald Robert Miesfeldt  
 Teresa E Miller  
 Sue Mineo  
 Anna Minko  
 Donald Moffat  
 Jodie Monsour  
 Graham M. Montgomery  
 George Moore  
 Milissa Lou Moore  
 Paul Moore  
 Cliff Muci  
 Michael Van Ness Murrow  
 Becky Nicholas  
 Helen Bolerjack Norcross  
 Diana Nordin  
 Daniel Northrup  
 Chris Orloske  
 Kelly O'Shaughnessy  
 Theresa A. Palmer  
 Donna Payne  
 Mary E. Payne  
 Pam Pearson  
 Sondra K Pearson  
 Betty Peterson  
 Joyce Pray Pettengill  
 Mike Plumer  
 Julia Pray

Juanita Purkey  
 Curt Rakestraw  
 Michael P. Ramirez Jr.  
 Dylan Knowlton-Rau  
 Deann J. Reed  
 Randy Reed  
 Larry Craig Reynolds  
 Harold Ridder  
 Jason Ridder  
 Jill Rink  
 Donnell Roff  
 Robert John Salinas  
 Diana Samuelson  
 Scott Sanders  
 John Charles Sandoval  
 Juan Sandoval  
 Shammy Schamberger  
 Jon Schifferdecker  
 Karen Schifferdecker  
 Keith Schnug  
 Marvin Schoonover  
 William Joseph Schreck  
 Caleb Seimears  
 Steven LeRoy Seimears  
 Matt and Amber Servis  
 Jacquie Seymore  
 Shaun & Ashley Weaver Family  
 Connie Sickbert  
 James L Sickbert  
 Beryl Silkey  
 Irene M Sims  
 Charlene Smith  
 Pat Smith  
 Ralph Smith  
 Reford Smith  
 Donna Sue Smithhisler  
 Joan (Collister) Somes  
 Patsy Spatz  
 Allen and Dana Spurgeon  
 RL Spurgeon  
 Harold Stafford  
 Matt Stafford  
 Tex R Staib  
 Patty Stanley  
 Patricia Steeg  
 Bob Stevens  
 Robert B Stevens  
 Robert Stevens  
 Dale W. Strother  
 Don Stucky  
 Mary Frances Stuever  
 Connie Terrell  
 Willard (Bill) Brooks Thompson  
 Bill (Willard) Thompson  
 Bill Thompson  
 Those lost to AIDS  
 Deborah "Debbie" Todd  
 Orville Unruh  
 Betty J VanDyne  
 John VanDyne  
 Wayne VanDyne

John and Rita Veith  
 Thomas Vernon  
 Betty L Vieta  
 Betty Voegeli  
 Tracey Voegeli  
 Ann Vuong  
 Norma J. Wegerle  
 Melissa Weide  
 Fr. Tom Welk  
 Rev Tom Welk  
 Arlene White  
 David White  
 June White  
 Wayne White  
 Winston White  
 Carol Williams  
 Jo O Williams  
 Maxine Williams  
 Terry L. Williams  
 Dennis Winters  
 Robert W Winters  
 Philip Wohlford  
 Vickie Wohlford  
 Daisy "Dee" Wolf  
 James Leroy Wolfe Sr.  
 Larry Yeubanks  
 Jim York  
 Jerry Ziegler


*It's not  
 how much  
 we give, but  
 how much  
 love we put  
 into giving.*

 - Mother Teresa





The kick-off of a New Year can be exciting and perhaps indicate a fresh start for some. For Harry Hynes Memorial Hospice, 2023 marks our 40-year anniversary.

Our story began in February 1981 when a group of civic-minded Wichita area community members held their first meeting to discuss a vital need for specialized care for the terminally ill. In March of 1982 the initial planning committee meeting was held, and the following June, Wichita Hospice Inc., the area's first and only non-profit hospice, was incorporated. In October, the decision was made to change our name

to Hospice of Wichita. Area oncologists were involved and representatives from local hospitals were on the board of directors. In October of 1983, we cared for our first patient.

In March 1984, Hospice of Wichita - the first certified hospice in Kansas - received certification as a provider of the Medicare Hospice Benefit. In 1986 Friends of Hospice was established by dedicated volunteers who kicked off the inaugural Tree of Life campaign to raise funds for our agency.

In 1989 our name was changed to Hospice Inc., and we began to expand; we merged with Butler County Hospice; were invited by Cowley County Hospice and Sumner County Hospice to be the hospice provider in their counties; started serving patients in Kingman and Harper Counties; invited by Coffeyville Hospice and Mt. Carmel Hospice in Pittsburg to become the hospice provider in their area; also began serving other counties in Southeast Kansas.

In 2002 we changed our name to Harry Hynes Memorial Hospice to honor one of our founders, Harry E. Hynes, M.D., (who passed away in December 2000). In 2004 we opened the Hospice Center at Via Christi - St. Francis in Wichita, the first hospital-based hospice.

In 2011 our agency received the "Health Care Hero" award from Labette Health Foundation in Southeast Kansas. In 2011, we were voted the "Readers' Choice" for Hospice from the Wichita Eagle, as well as every year following, becoming the recipient of the honor 12 years in a row.

Harry Hynes Memorial Hospice has grown from its humble beginnings to a preferred hospice provider and our service area's only non-profit hospice (medicare.gov) serving 25 counties in South Central and Southeast Kansas.

For more information about our history and our services, please visit [hyneshmemorial.org](http://hyneshmemorial.org) or call 800-767-4965.

ADDRESS SERVICE REQUESTED

313 S Market  
Wichita KS 67202



Hynes Hallmark

